

Monday-Friday 3's Program

Our Monday-Friday 3's Program uses a developmental, play-based approach to hands-on-learning. Children are encouraged through personal and group interaction to develop social, emotional, and problem-solving skills. We encourage children to become autonomous explorers with an active curiosity in a fun and engaging environment.

<u>7:30 - 8:45</u>	Free play/Art/Small group activity
<u>8:45-9:45</u>	Indoor/Outdoor play
<u>9:45-10:00</u>	Snack
<u>10:00-10:45</u>	Centers: teacher-directed art, science, cooking, math Free choice: dramatic play, playdough, blocks, manipulatives Small groups: teacher-directed skill building
<u>10:45-11:45</u>	Outdoor play
<u>11:45 - 12:00</u>	Circle: story, music & movement
<u>12:00 - 12:45</u>	Lunch, relax with books
<u>12:45-2:45</u>	Rest/Nap time
<u>2:45-3:15</u>	Snack
<u>3:15-4:30</u>	Indoor/Outdoor play
<u>4:30-5:00</u>	Table activities

Our schedule is always flexible.



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