

2's Full-time Program 2024-2025

Our 2's program serves as a transition into preschool and early childhood education. Children learn to socialize, play, and communicate with each other and their teachers by learning to explore their environment, take turns, share, practice good manners, and good health habits. All these areas are fundamental to the earliest preschool years. The 2's program is a great way to prepare young children for school.

<u>7:30 - 9:00</u>	Free play/classroom exploration
<u>9:00 - 9:15</u>	Opening circle
<u>9:15 - 9:45</u>	Gross motor activity/gym time/outdoor time
<u>9:45 - 10:00</u>	Snack
<u>10:00 - 10:45</u>	Outdoor play/nature walks
<u>10:45 - 11:45</u>	Art, table activity, manipulatives, dramatic play
<u>11:45 - 12:00</u>	Circle: felt/puppet stories, fingerplays, music & movement, rhymes, songs
<u>12:00 - 12:30</u>	Lunch
<u>12:30 - 2:30</u>	Rest/Nap time
<u>2:30 - 3:00</u>	Table activities: puzzles, books
<u>3:00 - 3:15</u>	Snack
<u>3:15 - 4:00</u>	Free play: art activities, fine motor activities, manipulatives, table activities
<u>4:00 - 5:00</u>	Outdoor play/closing circle

Our schedule is always flexible.



728 W. Fremont Ave.
Sunnyvale, CA 94087
(408) 245-2253

Rev. 11.1.23